



Brondesbury Park, Queens Park + Kensal Green Covid-19 Support Group

If you are self-isolating due to COVID-19 Coronavirus, we can help.

We all live locally and can help out in the community during this difficult time.

We are not asking for anything in return.
We are here to support you with:

- Picking up shopping and food delivery
- Picking up prescriptions/medication
- Posting mail
- Help topping up Electric key/Gas key
- Providing advice and/or advocacy
- Friendly phone calls
- Dog walking
- Other reasonable requests

Get in touch with us:

**Brondesbury Park Ward:
Covidaid.brondesburypark@gmail.com**

**Queens Park Ward:
qpmutualaid@gmail.com**

**Kensal Green Ward:
kensalgreenaid@gmail.com**



Brondesbury Park, Queens Park + Kensal Green **Covid-19 Support Group**

Please be aware that we are volunteers and have not been checked or vetted. Some of us have DBS checks from a variety of institutions. We can only offer help in line with government health and volunteer guidelines. We cannot offer any medical advice or help.

COVID-19 Coronavirus is highly contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly.

Items will be left on your doorstep.

We cannot enter your property.

If you need medical assistance please contact:
Online coronavirus service: 111.nhs.uk/covid-19
or call the NHS: 111

In an emergency, call 999.



Brent Covid 19 Mutual Aid



#MutualAidCV